THE LOWER EXTREMITY FUNCTIONAL SCALE

loday, do you, or would you have any difficulty at all with:	which you are currently seeking attention. Please provide an answer for each activity.	ties	We are interested in knowing that	radelit s Name:
	each activity.	with the activities listed below because of your lower limb	Date:	7

work or school activities all or sporting activities	Extreme Unable 1 Ac	Extreme Difficulty or Quite Unable to Perform Diff Diff O		1 Any of your usual	2 Your usual hobbie	3 Getting into or out of the bath	The state of the s	4 Walking between	19:5:1	100.00														
		Extreme Difficulty or Unable to Perform Difficulty Activity 0 1 0 1	Activities	sual work, housework or sch	bbies, recreational or sportir	rout of the bath		een rooms	een rooms ur shoes or socks	een rooms ur shoes or socks	een rooms ur shoes or socks ct, like a bag of groceries, fro	Walking between rooms Putting on your shoes or socks Squatting Lifting an object, like a bag of groceries, from the floor Performing light activities around your home	Walking between rooms Putting on your shoes or socks Squatting Lifting an object, like a bag of groceries, from Performing light activities around your home	Walking between rooms Putting on your shoes or socks Squatting Lifting an object, like a bag of groceries, from the performing light activities around your home performing heavy activities around your home getting into or out of a car	een rooms Ir shoes or socks ct, like a bag of groceries, front activities around your hor avy activities around your her out of a car ks	een rooms In shoes or socks ct, like a bag of groceries, fro th activities around your hor awy activities around your he r out of a car ks	een rooms In shoes or socks ct, like a bag of groceries, frectivities around your hor hactivities around your hor avy activities around your her out of a car else www 10 stairs (about 1 flight to	een rooms Ir shoes or socks ct, like a bag of groceries, from the f ht activities around your home avy activities around your home rout of a car ks wn 10 stairs (about 1 flight of stairs) hour	een rooms In shoes or socks ct, like a bag of groceries, fro th activities around your hor avy activities around your hor out of a car ks wwn 10 stairs (about 1 flight of hour our	een rooms Ir shoes or socks ct, like a bag of groceries, frout the activities around your hor avy activities around your hor out of a car ks Nown 10 stairs (about 1 flight of hour ur en ground	een rooms Ir shoes or socks ct, like a bag of groceries, fractivities around your hor a vy activities around your hor out of a car ks bwn 10 stairs (about 1 flight chour hour en ground even ground	een rooms Ir shoes or socks ct, like a bag of groceries, froit activities around your hor avy activities around your hor avy activities around your hor avy activities around your hor both of a car wout of a car ks wwn 10 stairs (about 1 flight chour hour even ground even ground even ground even ground even while running fast	Putting on your shoes or socks Squatting Lifting an object, like a bag of groceries, fix Performing light activities around your hor Performing heavy activities around your hor Getting into or out of a car Walking 2 blocks Walking a mile Going up or down 10 stairs (about 1 flight of Standing for 1 hour Standing for 1 hour Sitting on even ground Running on uneven ground Making sharp turns while running fast Hopping	een rooms In shoes or socks ct, like a bag of groceries, fro ht activities around your hor avy activities around your hor out of a car ks who 10 stairs (about 1 flight of hour ur en ground even ground even ground urns while running fast bed
Unable to Activ 0 0	Unable to Perform Activity 0 0 0	Quite a Bit Difficulty 1 1 1 1 1		or school activities	porting activities	0				G	es, from the floor	es, from the floor ur home	es, from the floor Ir home	es, from the floor ur home our home	es, from the floor ur home our home	es, from the floor ur home our home	es, from the floor ir home our home light of stairs)	es, from the floor ur home our home light of stairs)	es, from the floor ar home our home light of stairs)	es, from the floor ur home our home light of stairs)	es, from the floor ar home our home light of stairs)	es, from the floor Ir home our home light of stairs)	es, from the floor ar home our home light of stairs)	es, from the floor ur home our home light of stairs)
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of Moderate A Difficulty 2 2 2 2 2 2 2 2 2		A Little Bit of Difficulty 3 3 3 3 3 3 3	f No Difficulty		4	4	4	4	4	96	2	4	4 4	4 4 4	4 4 4 4				2		2			4 4 2 2 2 3

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